Nottinghamshire Health & Wellbeing Board

JSNA Progress Update

Diet and Nutrition 2015

Recommendation	Lead/s	Progress on implementing recommendations (June 2020) – outline key successes & any challenges	Additional Information
Strategy and integrated commissioning			
Work with partners across the system to ensure there is no duplication or gaps in diet/nutrition service provision targeting areas and groups whose dietary intake are poorest to maximise health outcomes, monitoring uptake by protected groups.	Public Health, District /Borough Councils and Clinical Commissioning Groups.	Tackling Excess Weight Steering group was the previous structural mechanism. This was replaced by the Healthy and Sustainable Places Group as part of the HWB. This is the means to work towards ensuring a co-ordinated whole systems approach to understanding the needs of partners across all key organisations and Districts, sharing best practise and allocation of resources where needed.	
Social marketing			
Eating well is promoted through Change4Life across Nottinghamshire Districts	Nottinghamshire County Council and District/Borough Councils	All Districts are connected into Change4Life via PHE campaigns. NCC promote C4L healthy eating on social media twice a year and Schools online portal. C4L branding used on promotional tools for Nottinghamshire National Child Measurement Programme	
Prevention			
Ensure that healthy eating remains a priority for the commissioning of services for 0-19 age group by the Integrated Children's Hub.	Public Health (Children's Integrated Commissioning Hub)	Promotion of healthy eating is included in the contract for the commissioned service. Healthy Families Team systematically promote healthy eating as part of National Child Measurement Programme follow up advice. Healthy eating advice is embedded in child review advice and health promotion activities such as school assemblies	

Work with local Food Banks to support individuals with how to make healthy diet choices within a limited budget.	Public Health	Previous Obesity Prevention and Weight Management service worked with Foodbanks in Districts to provide recipes, cooking on a budget advice and links to wider service offer. Public Health Food Initiatives funding has supported some projects linking foodbanks, social eating and community growing, taking a community asset-based and sustainable approach.	
Evaluate the Healthier Options Takeaway (HOT) initiative to assess both the effectiveness and impact of this work developing practice-based evidence to inform future work.	Environmental Health and Public Health	HOT has been evaluated twice since the initiative began in 2015.The scheme has developed and changed according to emerging need and capacity. Public Health, District Environmental Health teams and Obesity Prevention and Weight Management Service provide management and operation of the scheme. Regular reports are provided to the HWB.	
Develop closer working relationships between planners and public health professionals to ensure access to fresh, affordable healthier food. This could include: •Considering the concentration of food uses in town centres / high street localities • Ensuring opportunities are provided as part of new developments for food growing/allotments or other innovative arrangements**.**	Planning & Public Health	The Spatial Planning & Health Framework was updated in 2019. Development and implementation of the Rapid Assessment tool includes assessment of food access and availability. Public Health advice is given to Planning Authorities on the development of specific policies. Training on the Rapid Assessment tool for PH wider division Systematic Public Health input into planning applications. Integrated working with planners established.	
Service quality and accessibility			
Undertake an audit of progress locally against the NICE quality standards relating to diet and nutrition, to benchmark and identify areas where improvements are needed.	Public Health	The NICE quality standards are utilised when commissioning services and undertaking quality visits.	
Commission dietary interventions that are evidence based and utilise the Standard Evaluation Framework for diet to evaluate.	Public Health and District/Borough Councils	Required in the specification for the commissioned weight management service	

Ensure that health and social care staff understand the importance of Vitamin D and promote supplements to at risk individuals as per NICE guidance.	Clinical Commissioning Groups & Public Health	Recruitment to a Healthy Start post to increase the uptake of Vit D drops and Fruit &Vegetable voucher to qualifying families. Post to also improve awareness of the scheme to health/ CAB/ DHS professionals. Links to Childhood Obesity Trailblazer programme	
Continue to build the capability of the workforce to ensure that health and care professionals are clear about promoting the benefits of a healthy diet so that they have healthy conversations (making every contact count) with their patients and service users providing evidence-based messages.	Public Health	Included in the OPWM contract with Everyone Health and the current provided ABL	
Within the first year of the new obesity prevention and weight management contract, agree the how the diet outcome will be measured and obtain baseline data to help inform performance targets for the following year.	Public Health	This was completed in the previous contract.	